

Lunch - Fall 2020

Spectacular Salads

Signature Miso-Ginger Marinated Kale ^{VN GF} 4/7
Garden ^{VN GF} 4/7
Classic Caesar Add Protein, Grilled or Blackened:
 Salmon – 10 All-Natural Chicken – 7 Shrimp – 8

Spicy Shrimp Salad ^{GF} 15
 Shredded lettuce, fresh avocado slices, pico de gallo & lime
 *Substitute Salmon +3.00

Greek Salad ^{V GF} 13
 Romaine lettuce, tomatoes, cucumbers, pepperoncini, red onions, feta, Kalamata olives & balsamic vinaigrette

Fried Chicken Salad 15
 Romaine lettuce, tomatoes, red onions, cucumber, avocado, local, cage-free eggs, roasted corn

Fried Shrimp Salad 15
 Romaine lettuce, tomatoes, red onions, cucumber, avocado, local cage-free eggs, roasted corn

Carolina Cobb Salad ^{GF} 15
 Grilled natural chicken, blue cheese, avocado, applewood smoked bacon, tomato, local, cage-free eggs

Grilled Salmon Salad ^{+ GF DF} 16
 Arugula, Fennel, green apple & champagne vinaigrette

BLT Salad ^{GF DF} 12
 Chopped applewood smoked bacon, lettuce & tomato, add avocado 3.50

Dressings: Ranch, Blue Cheese, Champagne Vinaigrette, Balsamic Vinaigrette, Caesar & Honey Mustard (All dressings are GF)

Burgers

*served with house-made chips, sweet or white potato fries

Beef Burger ⁺ 14
 lettuce, tomato, red onion

Salmon Burger 14
 Avocado, cilantro, house made pickles, spicy hoisin mayo

Veggie Burger (contains nuts) 13
 A healthy blend of ground veggies, lettuce, tomato, red onion

Black Bean Burger ^{vn} 12
 Spinach, pickled red onion, wheat bun, vegan cashew aioli

Crab Cake Burger 14
 avocado, sriracha aioli, brioche bun

Spicy Fried Shrimp Burger 12
 Housemade slaw, briochebun, special sauce

Specialties of the House

Shrimp Linguine 14
 Sautéed shrimp, arugula, grape tomatoes, shallots, garlic, olive oil, white wine, served with crostini

Chicken, Shrimp, Veggie or Beef Tacos ^{GF} 13
 Shredded lettuce, avocado, pico de gallo, GF corn tortillas, lime wedge

Chicken, Shrimp or Steak Quesadillas 15
 Shredded lettuce, pico de gallo, sour cream

Indian Dal ^{VN GF DF} 15
 Fragrantly spiced, slow-cooked lentil stew, brown rice, naan and a kale or garden salad *Naan is not vegan

Sandwiches

*served with house-made chips, sweet or white potato fries

Grilled Chicken Sandwich 14
 Bacon, lettuce, tomato, Swiss, cheddar, avocado spread, sriracha aioli on ciabatta bread

Classic Club Sandwich 14
 Boar's Head turkey, ham, bacon, cheddar, Swiss, lettuce, tomato, on your choice of toasted bread

Shrimp Po' Boy 14
 Battered shrimp, spicy remoulade, lettuce, tomato, on a toasted roll

Short Rib French Dip Au Jus 15
 Slow-cooked boneless short ribs, Harvarti, toasted roll, au jus

Classic BLT 12
 All Natural applewood smoked bacon, lettuce, tomato, on your choice of toasted bread, add avocado 3.50

Grilled Cheese 9
 Cheddar & Monterey Jack on sourdough, (make it Vegan, 10)

Signature Short Rib Sliders 12
 Slow-cooked short ribs, chipotle beer sauce, goat cheese, spinach (low carb - no bun, fresh spinach!)

Tuna Melt 12
 Housemade Tuna salad, tomatoes, Cheddar on Ninth Street Bakery Sourdough bread

Soups 4/8

Signature Tomato Basil ^V Creamy Potato Leek ^{V GF}
Signature Vegan Chili ^{VN GF} Spicy Chicken & Sausage Gumbo
 Spicy Chicken Verde ^{GF} Chicken & Dumplings

N – Contains Nuts V – Vegetarian VN – Vegan GF – Gluten Friendly DF – Dairy Free