



# Refectory Café

## Breakfast

MONDAY – FRIDAY 8:00 AM – 3:00 PM

### eggs, pancakes, and more

**Fried Chicken & Cheddar Biscuit** 7  
Fresh house-made biscuit!  
(Flour not bleached or bromated)

**Make-Your-Own Egg Sandwich** + 8  
Two local, cage-free eggs your way and 3 of your favorite ingredients on your choice of toast  
**(Go Low Carb with no bread to make a scrambled egg bowl)**

**Make-Your-Own Omelet** 13  
It's your day! Choose 3 favorite ingredients, Three local eggs

**Rise & Shine Breakfast** + 14  
Two local, cage-free eggs your way, choice of applewood smoked bacon, turkey or pork sausage; side of potatoes, sautéed veggies or cheesy grits; choice of toast.  
Upgrade to house-made biscuit or GF toast \$1

**Huevos Rancheros**+ 15  
Tostadas, weekly meat selection, two local, cage-free eggs your way, sweet & spicy black beans, crema, pico de gallo  
\*Can be modified to fit vegan & gluten-free diets!

**"Which Came First?" Breakfast** + 14  
Two local, cage-free eggs your way, buttermilk fried all-natural chicken & toast or biscuit

**Vegetarian or Meat Quiche** <sup>V</sup> 10  
Local, cage-free eggs in a delicate, house-made crust, delicious veggie & meat ingredients change weekly!

**Tofu Scramble** <sup>VN GF</sup> 12  
"Scrambled" tofu, red onion, broccoli, grape tomatoes, turmeric & lemon  
Add avocado 3.50, add mushrooms .75

**Breakfast Burrito** 10  
Three Scrambled, local, cage-free eggs, avocado, cheddar, tomato, side of pico de gallo  
Add potatoes inside \$2.00

**Challah Cinnamon French Toast** <sup>V</sup> 13  
House-made Challah, fruit garnish, 100% Maple Syrup & powdered sugar

**VEGAN Pancakes** <sup>VN</sup> 14  
Coconut milk & spices make these amazing!  
Add blueberries or chocolate chips .50

**Signature Lemon Ricotta Pancakes**<sup>V</sup> 13  
Fresh fruit garnish, 100% Maple Syrup  
Add blueberries or chocolate chips .50

### open-faced sandwiches

**Fresh, Local Eggs & Avocado** + 10  
Two local, cage-free eggs your way, fresh avocado spread, tomato & arugula on toasted 9<sup>th</sup> St Bakery 7-Grain bread

**Smoked Salmon Avocado** 10  
Smoked salmon, fresh avocado spread, tomato & red onion on toasted 9<sup>th</sup> St Bakery 7-Grain bread

**Crispy Bacon Avocado** 9  
Applewood bacon, fresh avocado spread, tomato & red onion on toasted 9<sup>th</sup> St Bakery 7-Grain bread

**Vegan Pico & Avocado** 8  
Fresh avocado spread, arugula & house-made pico de gallo on toasted 9<sup>th</sup> St Bakery 7-Grain bread

**Peanut Butter, Banana & Honey** <sup>V</sup> 7  
On toasted 9<sup>th</sup> St Bakery 7-Grain bread

### sides

**Cheesy Grits** <sup>GF</sup> 3.5/4.5

**Two Local, Cage-Free Eggs Your Way** + <sup>GF</sup> 3.5

**Applewood Smoked Bacon** <sup>GF</sup> 4

**Turkey or Pork Sausage** <sup>GF</sup> 4

**Breakfast Potatoes** <sup>VN</sup> 4

**Toast** <sup>V, VN or GF</sup> 2

**Biscuit** <sup>V</sup> 2

**Seasonal Fruit or Vegetable Salad** <sup>VN GF</sup> 5

**Signature Baked Oatmeal** <sup>V</sup> 4/5

### smoothies & cold-pressed juices

**Green Machine** 6  
Kale, spinach, apple & avocado

**Fresh Strawberry** 6  
Greek yogurt, honey, vanilla, 2% milk & strawberries

**Cold-Pressed Juice** 5  
Check the beverage cooler for the latest blends!

### kids stuff

**Halcyon Special** 6  
Scrambled eggs, bacon & toast

**Banana Nutella Sandwich** 6

**One Lemon Ricotta Pancake** 6

**N – Contains Nuts**

**V – Vegetarian**

**VN – Vegan**

**GF – Gluten Friendly**

+ Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness.

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