



Refectory Café

Lunch

Monday - Friday 9:00 AM – 3:00 PM

spectacular salads

Signature Miso-Ginger Marinated Kale ^{VN GF}	4
Garden ^{VN GF}	4/7
Classic Caesar	7

Add Protein, Grilled or Blackened:

Salmon – 10 Chicken – 7 Shrimp – 8

Spicy Shrimp Salad ^{GF}	12
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Shredded lettuce, fresh avocado slices, pico de gallo & lime

*Substitute Salmon	16
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Greek Salad ^{V GF}	11
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Romaine lettuce, tomatoes, cucumbers, pepperoncini, red onions, feta, Kalamata olives & balsamic vinaigrette

Fried Chicken Salad	13
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Romaine lettuce, tomatoes, red onions, cucumber, avocado, local, cage-free eggs, roasted corn

Carolina Cobb Salad ^{GF}	13
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Grilled chicken, blue cheese, avocado, applewood smoked bacon, tomato, local, cage-free eggs

Grilled Salmon Salad ^{+ GF DF}	16
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Grilled salmon, arugula, fennel & green apple with champagne vinaigrette

Tuna Salad ^{GF DF}	12
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House-made tuna salad over local, organic mixed greens, tomatoes & cucumbers

BLT Salad ^{GF DF}	10
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Chopped Boar's Head applewood smoked bacon, lettuce & tomato, add avocado 3.50

Dressings: Ranch, Blue Cheese, Champagne Vinaigrette, Balsamic Vinaigrette, Caesar & Honey Mustard

soups

Signature Tomato Basil ^V – **Creamy Potato Leek** ^{V GF}

Signature Vegan Chili ^{VN GF} – **Chicken Verde** ^{GF DF}

Spicy Chicken & Sausage Gumbo

house-made burgers

*served with house-made chips, sweet or white potato fries

Wagyu Beef Burger ⁺ (hormone & antibiotic free)	13
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lettuce, tomato, red onion

Salmon Burger	13
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Avocado, cilantro, house made pickles, spicy hoisin mayo

Veggie Burger (contains nuts)	11
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A healthy blend of ground veggies, lettuce, tomato, red onion

Black Bean Burger ^{VN}	11
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Spinach, pickled red onion, wheat bun, vegan cashew aioli

Crab Cake Burger	14
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avocado, house-made cole slaw, sriracha aioli, brioche bun

specialties of the house

Brussels Sprouts & Quinoa ^{VN GF}	10
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Red quinoa, Brussels sprouts, 100% pure maple syrup, toasted almonds, dried cherries, veggie stock, apple cider vinegar

Local Shrimp Linguine	13
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Sauteed shrimp, arugula, grape tomatoes, shallots, garlic, olive oil, white wine, served with crostini

Chili Three-Way	13
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Award-winning vegan chili over linguine with shredded cheddar

Chicken, Shrimp, Veggie or Beef Tacos	10
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Shredded lettuce, avocado slices, pico de gallo, GF corn tortillas

Indian Dal ^{VN GF DF}	13
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Fragrantly spiced, slow-cooked lentil stew over brown rice, served with naan and a kale or garden salad

*Naan is not vegan, vegan bread: pita, 9th St Rye or 7-Grain

*Imagine That GF bread \$1

sandwiches

*served with house-made chips, sweet or white potato fries

Grilled Chicken Sandwich	12
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bacon, lettuce, tomato, Swiss, cheddar, avocado spread, sriracha aioli on ciabatta bread

Classic Club Sandwich	13
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Boar's Head turkey, ham, bacon, cheddar, Swiss, lettuce, tomato, on your choice of toasted bread

North Carolina Shrimp Po' Boy	13
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battered shrimp, spicy remoulade, lettuce, tomato, house-made slaw on a toasted roll

Short Rib French Dip Au Jus	14
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Slow-cooked boneless short ribs, Harvarti, toasted roll, au jus
Go low-carb with fresh spinach!

NY Turkey Reuben	12
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Boar's Head turkey, sauerkraut, Swiss, Russian dressing on grilled 9th St Bakery rye

Classic BLT	10
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Boar's Head applewood smoked bacon, lettuce, tomato, on your choice of toasted bread, add avocado 3.50

Grilled Cheese (Vegan Grilled Cheese 10)	9
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Boar's Head cheddar & Monterey Jack on sourdough

Short Rib Sliders	10
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Slow-cooked short ribs, roasted pepper sauce, goat cheese, spinach

Tuna Melt	12
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House-made tuna salad, tomatoes, cheddar, sourdough bread

N – Contains Nuts

V – Vegetarian

VN – Vegan

GF – Gluten Friendly

DF – Dairy Free

+ Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness.

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